

Stephanie McFrederick

{photography}

{Child Session Details}

Each session lasts approx. 1 1/2 hours. However, some sessions last longer. There is no charge for sessions lasting longer.

I do mainly on location, but I do offer studio sessions for maternity and newborn. Rarely do I have child session in studio because children are so active it's hard to get them to sit in a certain spot. It's more enjoyable for them (and us!) if they are allowed to run around and act like kids. They have more natural smiles and it makes the session so much fun!

I usually bring some type of goodie for the child(ren). Whether it's bubbles for them to play with or a pre-packaged snack to keep them occupied. If you do not want your child(ren) to receive anything, please tell me ahead of time.

I try to keep the session as relaxed and casual as possible. When they are enjoying themselves it makes the photos so much better.





{Newborn Session Details}

Newborn sessions take place within the first 2 weeks of life. I normally do them in my home studio, but I will also do on location if you choose. The sessions usually last anywhere from 2-4 hours, due to feedings, diaper changes, or waiting for the baby to fall asleep.

I ask every parent to take part of this session, whether it's just holding on to their finger or hold the baby. This makes the photos more memorable. So you can remember how tiny their little fingers are or how small they look in your arms. It's so easy to forget how tiny they actually were. I'm here to help you capture each moment.

When planning a newborn session it's best to book while you're still pregnant, things can be really hectic right after delivery and you've missed that opportunity to record your new baby's first week.

{What to Wear}

{Newborn}

Newborn sessions are best with the baby undressed or with a diaper and diaper cover. Baby clothes are really cute, but can be very bulky and distracting. However, if there is a special outfit you would like to have them wear for a couple photos that is perfectly fine with me. Little hats or headbands look adorable in photos, so feel free to bring any that you like! You can also bring a special blanket that you would like in the photo as well. If you have any suggestions for props feel free to let me know.

{Children}

When choosing clothing for a child session, please keep it simple. Busy patterns, logos, and shirts with wording are not recommended for photo sessions. We want the focus to be on your child, not the clothes. Shirts with words on them are discouraged because people tend to try to read the shirt instead of admiring your beautiful child. Siblings do not have to wear the same thing or color.. Choosing colors that compliment never fails.

If you need help with clothing choices feel free to ask!

{Families}

Clothing should be kept simple and comfortable. It's best to avoid busy patterns, logos, and wording. Group or family clothing does not all have to match. It's best to keep colors within the same color group. This gives it some variety without being distracting to the viewer. It's also best to keep the style of clothing similar. People often over look their shoes. Please be sure to wear clean and simple shoes.

{Maternity}

White button up shirts, tube tops, and simple tank tops look wonderful in maternity photos. They are easy to roll up or leave unbuttoned to show of your new baby bump. Black or white colored tops work great, but feel free to add your own style as well. Unbuttoned jeans, well fitted black pants, or maternity jeans are recommended. Of course simple skirts or dresses work great too. I also offer fabric wraps for those being daring. They are very classic and elegant. If you wear a snug fitting tube top and pants, we can easily wrap the fabric over them.

If you have any other questions or need help deciding what to wear feel free to ask.